



Ananda Marga

Ātma Mokṣārtham Jagat Hitāya Ca



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Ananda Nagar Newsletter

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: Contents :

- Distribution of Fruit Saplings in Villages
- Annual 24 hours Akhanda "BáBá Nám Kevalam" Nám Sańkiirtana
- Tree Plantation Drive at Ananda Marga Degree College
- Sports News
- Tree Plantation Campaign in Ananda Nagar
- Cleanliness Drive Organised by Ananda Marga High School
- Recreational Travel to Ananda Nagar
- One Day "A" Dit Level Seminar
- District Football League
- Workshop at Madhya Ananda Nagar Ananda Marga Primary School
- Indian Independence Amrit Mahotsav Celebration
- 12th Ácáryá Vivekananda Avadhuta Football Competition
- Distribution of Fruit Seedlings
- Ácáryá Kiirtyananda Avadhuta Memorial Rural Football League
- Three Hour Akhanda "BáBá Nám Kevalam" Nám Sańkiirtana
- Ananda Marga's Education System
- One Day "C" Dit Level Seminar
- Manbhum District Football League, 2023-24
- Goals of Ananda Marga Education System
- Sharaddhanjali Ceremony as per Ananda Marga Tradition
- Exposure Visit to Ananda Marga College
- Auspicious Beginning of Ananda Marga
- Sadhana Camp

❖ *Distribution of Fruit Saplings in Villages*

On 2nd August 2023, high-yield mango and guava fruit saplings were distributed from the Krishi Bhawan at Banshgad, Ananda Nagar. These various high-yield saplings were handed out free-of-cost to 185 families from the villages of Karche, Kashid and Kamalapur in Ananda Nagar



❖ *Annual 24 hours Akhanda "BáBá Nám Kevalam" Nám Saṁkiirtana*

The annual 24-hour Akhanda "BáBá Nám Kevalam" Nám Saṁkiirtana was organized by the Ananda Marga Damrughatu unit on 5th-6th August, 2023. The program included kiirtan, collective lishvar Pranidhan, Guru Puja, Svádhyáya and Náráyaṇa sevá. After the kiirtan, the significance of kiirtan was discussed by Avadhutika Ananda Vratisa Ácáryá, Avadhutika Ananda Sumita Ácáryá, Ácáryá Muktananda Avadhuta, Ácáryá Kalyanehsvarananda Avadhuta, Ácáryá Narayanananda Avadhuta, and finally Sri Dashrath Tudu interpreted the lectures in Santhali language.

It is to be noted that Damrughatu is a completely Santhal (Tribal) village and most of the people have been inspired by the ideals and lifestyle of Ananda Marga.



❖ *Tree Plantation Drive at Ananda Marga Degree College*

A tree plantation drive was undertaken at the Ananda Marga Degree College, Ananda Nagar on 11th August, 2023. The saplings were planted according to the Ananda Marga Caryácarya rules.



❖ *Sports News*

With the aim of increasing the interest of the young people of the various villages in Ananda Nagar in sports, SSAC organizes various football leagues and knock-out football tournaments in Ananda Nagar every year.

To that end, on 31st July, 2023, the Ácáryá Kirtyananda Avadhuta Rural Football League was announced. Ten rural football teams participate in this league and they are divided into two groups. SSAC Junior (under-17) and SSAC Senior teams are part of this league.

The ten teams are as follows:

Group - 1

- 1) S.T. Brothers, Chirkamu.
- 2) Kansabati Club, Jabar.
- 3) Kaushik Sporting Club, Damaratyad.
- 4) Bagalta Sporting Club.
- 5) S.S.A.C (Junior - Under 17), Ananda Nagar.

Group - 2

- 1) S.S.C, Bangidiri.
- 2) New Sagen Gaota Club, Hatinada.
- 3) S.S.A.C (Senior), Ananda Nagar.
- 4) G.S. I.T.I. College, Pundag.
- 5) Star Club, Rorekcha.

On 11th August, 2023, the SSAC Junior Team played their final match.

In the match, Madhu Kisku scored 2 goals, and Bindeshwar Soren, and Baneshwar Majhi scored 1 goal each.



The juniors played beautifully with the seniors, and they have shown a significant increase in self-confidence. The match results are as follows:

- 1) S.T. Brothers, Chirkamu, won by 1-0 goal.
- 2) Kansabati Club, Jabar, lost by 0-2 goals.
- 3) Bagalta Sporting Club, lost by 1-2 goals.
- 4) Kaushik Sporting Club, Damaratyrd, won by 2-0 goals.

❖ *Tree Plantation Campaign in Ananda Nagar*

In the beginning of 1983, the Margagurudev Shrii Shrii Anandamurtiji initiated the first tree plantation project, starting with his residence "Madhukarnika" at Ananda Nagar. Later, he called for planting trees in every project within Ananda Nagar. From the September of 1986, various projects were gradually introduced for planting trees in Ananda Nagar. From January, 1988, to the last days of his life in 1990, He kept on proffering elaborate and extensive master plans for different projects in Ananda Nagar. Among them, noteworthy are the afforestation plans, meant for creating various types of localized environments, orchards of indigenous/foreign and exotic fruits, and for cultivating indigenous/foreign and exotic plants in the jungles, and more.

His instructions were to cover the rough and barren land of Ananda Nagar (Rárh) with greenery by planting trees, so that only green was visible when the land was viewed from the sky.

Our senior grihi Ácáryá Kishensingh Sood Dada and his wife Ácáryá Prabhadevi have come forward to play a leading role in the full implementation of His wishes.

At present they are living in Ananda Nagar permanently and are engaged in Baba's work in Ananda Nagar.



Our goal in 2023 is to plant 25,000 saplings. To that end, 3500 saplings of various trees were provided free-of-cost by the Purulia Divisional Forest Officer Extension Forestry Department. The remaining saplings were collected from Medinipur. So far we have been able to plant:

- 1) 200 saplings in Rambutan compound.
- 2) 300 saplings in Shyampur Matrisneh project.
- 3) 200 saplings in Chakradhuri project.
- 4) 200 saplings in AMIT project.
- 5) 200 plants in Pogro Girls Proutist Project.
- 6) 300 saplings in Mahaprabhu Trikon sanctuary.
- 7) About 300 saplings in Ananda Marga College.
- 8) 150 saplings in Uma Nibas College compound.
- 9) 500 different species of bamboo plants in Benubatika.
- 10) 9000 saplings in Asthi Pahar area.
- 11) 12,000 saplings are being planted in Angira, Durlabh Drum sanctuary and other places of Guridih Mauza.



It is not enough to plant these trees. Their preservation and care is very important. In this regard, everyone's cooperation is highly appreciated.

Ujjal Ghosh of North 24 Parganas has set an example and taken charge of one hundred trees. I invite others to come forward and emulate this, or contribute in any way they can, to help the afforestation drive ordained by Baba.

❖ *Cleanliness Drive Organised by Ananda Marga High School*

On 12th August, 2023, the students of Ananda Marga High School participated in a campaign to keep the environment outside their school clean and hygienic. Various implements were provided to the students to take part in this cleanliness drive.



❖ *Recreational Travel to Ananda Nagar*



On 12th-13th August, 2023, four people from Kolkata and Swarup Kole, Professor at Mahatma Gandhi College, Purulia, and his wife Mita Chakraborty, a teacher of Balrampur Bagati High School, along with their baby, and Mita Devi's parents visited Ananda Nagar. They visited Ananda Nagar's educational and service projects, Malta Fruit Garden, Asthi Hill, Belamu Hill, Baba Memorial, Nava Chakra Cave, Dead Volcano and Dimba Giri Jal Bandh (Check Dam) Project. Ananda Marga's work and atmosphere in Ananda Nagar impresses everyone.

❖ *One Day "A" Dit Level Seminar*

On 13th August, 2023, the one day "A" Dit level seminar of Ananda Nagar Diocese was held at Jelyadih village. Ácáryá Shubhprasannananda Avadhuta and Ácáryá Mukticetsananda Avadhuta were the trainers at the seminar.



❖ *District Football League*

The latest iteration of the Manbhum (Purulia) District Football League 2023-2024 started in August. This "B" Division competition sees 39 football clubs divided into 13 groups ("A" to "M"). SSAC (Spiritualists Sports and Adventures Club) Ananda Nagar, Azad Hind Club, and Supurdi Tribal Club formed the Group "K".



SSAC Ananda Nagar vs Azad Hind Club was the first match of Group "K". The match was played at the Purulia Simulia ground on 14th August, 2023. SSAC won the match 1-0, with Shimul Tudu scoring the only goal.

The second match of the group was also held at the Simulia ground on 28th August, 2023.



❖ *Workshop at Madhya Ananda Nagar Ananda Marga Primary School*

On 12th August, 2023, Mr. Manoj Bhutoria and his wife Smt. Harikantha Bhutoria along with two others came from Kolkata to visit Ananda Nagar. On 14th August, Manoj Babu and his wife organized a workshop titled "How to teach English language to children in a simple way" at the Madhya Ananda Nagar Ananda Marga Primary School. The teachers and students held a demonstration class and were appreciated by all.



❖ *Indian Independence Amrit Mahotsav Celebration*

India's 77th Independence Day i.e. Amrit Mahotsav was celebrated in all our educational institutions in Ananda Nagar. Dimdiha School, Ananda Marga High School (Boys & Girls), Pogro, Shyampur School and Community Medical Service Institution are pictured here.



❖ *12th Ācāryā Vivekananda Avadhuta Football Competition*

Ananda Marga High School conducts a knock-out football competition for boys under 12 years of age every year on 15th August. From this year, the football competition will be held for under-12s' in memory of the former headmaster of Ananda Marga High School late Ācāryā Vivekananda Avadhuta. This time, the maximum number of 32 teams participated in the competition. Boys from different villages, schools, hostels formed teams spontaneously and participated in the competition.

12th-15th August, 2023 was a four-day competition.

•Quarter Finals results:

- (1) Gopinathpur 0 – SSAC Ananda Nagar 4
- (2) Marangburu 1 – Star Dadhichi 0
- (3) Chamnaka 1 – Chitraghutu 0
- (4) Damberatand 2 – PP Hostel 3

•Final match was played between Marangburu vs Chamanaka; Marangburu won 1-0 and were declared champions.

The champion team was awarded two footballs and one thousand rupees, the runners-up team was awarded one football and five hundred rupees, the remaining two semi-final teams were awarded one football each.

❖ *Distribution of Fruit Seedlings*

On 16th August, 2023, 200 Himsagar mango and L49 guava seedlings were distributed to 200 families through the students of Guridih Ananda Marga Primary School courtesy of Ácáryá Kishensingh Sood Dada. These fruit bearing trees will provide sustenance and nutrition to the people of Guridi and nearby villages while also fulfilling Baba's wishes to turn Ananda Nagar green.



❖ *Ácáryá Kiirtyananda Avadhuta Memorial Rural Football League*

Spiritualist's Sports and Adventures Club (SSAC) Ananda Nagar organizes various sports activities throughout the year with an aim to develop a "Culture of Sports" in Ananda Nagar. Special importance is attached to the game of football as a large number of boys and girls of all ages can participate in it. Moreover, it is a team sport and encourages people to coordinate with each other. Age-wise tournaments are organized keeping in mind boys and girls of all ages.

On 16th August, 2023 ten teams participated in the Ácáryá Kiirtyananda Avadhuta Memorial Rural Football League for those 18 and above. The ten teams are divided into two groups, Group-1 and Group-2.

Quarter Finals:

The match results of SSAC (Senior) Ananda Nagar against the other four teams in Group-II are as follows:

- 1) SSC Bangidiri 1 – SSAC Ananda Nagar (Senior) 1
- 2) GSITI College, Pundag 0 – SSAC Ananda Nagar (Senior) 2
- 3) New Sagen Gaota Club, Hatnada 0 – SSAC Ananda Nagar (Senior) 5
- 4) Star Club, Rorekcha 0 – SSAC Ananda Nagar (Senior) 0

SSAC Ananda Nagar (Senior) scored a total of 8 goals in the quarter finals.

The players who contributed to that tally are Mangal Murmu-4, Shiblal Mandi-1, Baleshwar Tudu-1, Simul Majhi-1, Gurupada Hembram-1.



- SSAC Ananda Nagar was the champion in Group-2 league and GS ITI, Pundag was the runner-up.
- In Group-1 League, the champions are Kangsavati Club, Jabar and runners-up are Baglata Sporting Club.

Semi-finals:

On 21st August, 2023, the semi final football match was held at Central Ananda Nagar Ananda Marga Primary School Ground between:

1) Kansavati Club, Jabar 0 – GSITI Pundag 2
Shaktipada Mandi, Suraj Mandi scored the two goals.

2) Between SSAC Ananda Nagar 3 – Baglata Sporting Club 0
Rahul Murmu, Baleshwar Tudu, Shimul Majhi scored the goals.



Final:



On 25th August, 2023, the final match of the Ácáryá Kiirtyananda Avadhuta Memorial Rural Football League was held at the Ananda Marga Primary School ground between SSAC Ananda Nagar vs Kansavati Club, Jabar. SSAC Anand Nagar defeated Kansavati Club by 3–0.

Under-17 goalkeeper Neelkamal Kisku was announced the Man of the Series. Man of the Match was awarded to Gurupada Tudu, while the highest scorer was Mangal Murmu.

It is to be mentioned that in view of the written complaint of Kansavati Club, Jabar, regarding the illegal appointment of players in the semi-final match held on 21st August, 2023, the authorities sat for discussion in the presence of the captains of both the sides. The allegations were confirmed in the discussion. According to the decision, the semi-final match held on 21st August, 2023 was declared canceled and Kangsavati Club, Jabar was selected to play the final match.

❖ *Three Hour Akhanda "BáBá Nám Kevalam" Nám Samkiirtana*



On 20th August, 2023, the monthly three hours Akhanda "BáBá Nám Kevalam" Nám Samkiirtana was organized at Baba Memorial. The event also included collective Ishvar Pranidhan, Guru Puja, Svádhyáya and Náráyaṇa sevá.



❖ *Ananda Marga's Education System*

The main aim of Ananda Marga's education system is to guide man to his triple sphere of liberation (physical, mental and spiritual). The foundation of our education system is "Sa'vidya'ya'vimuktaye". We need knowledge from books. At the same time, we want a system so that people can reach the platform of total liberation.



The great philosopher and educationist Shrii Shrii Anandamurtiji said, "Educated are those who have learned much, remembered much and use of their knowledge in practical life. Their virtues shall I call by the name of education."

To this end and to achieve these holistic goals of Ananda Marga's education system, yoga is regularly taught to students. Pictured here are the students of class VIII 'A' being taught Yogasana.



❖ *One Day "C" Dit Level Seminar*

The "C" Dit Level Seminar of Ananda Nagar Diocese was held at Chitmu Uparpara Ananda Marga Jagriti Bhavan on 27th August, 2023. Ácáryá Dipanjanananda Avadhuta and Ácáryá Sureshananda Avadhuta discussed various aspects of Ananda Marga ideology with those gathered.



❖ *Manbhum District Football League, 2023-24*

On 28th August, 2023, , Group "K" of "B" Division of the Manbhum (Purulia) District Football League, 2023-24 was held at Simulia Ground, Purulia. The match was between SSAC (Spiritualists Sports and Adventures Club) Ananda Nagar and Supurdi Tribal Club.





SSAC Ananda Nagar won the match 1-0 to become group champions. The winner was scored by Mangal Besra.

❖ *Goals of Ananda Marga Education System*

Shrii Shrii Anandamurtiji says "Those who consider only elegant behaviour to be indicative of education are greatly mistaken. For the true identity of a man is not limited to his behaviour. His identity is in his comprehensive heartily conduct." He explained the word 'Education' in the following way:

- E— Enlargement of mind
- D— DESMEP
 - D - Discipline
 - E - Etiquette
 - S - Smartness
 - M - Morality
 - E - English
 - P - Pronunciation
- U— Universal outlook
- C— Character building
- A— Active habit
- T— Trustworthiness
- I— Ideation of the Supreme
- O— Omniscient's grace
- N— Nice temperament



The practical aspect of the Ananda Marga education system constitutes of the above points.

To achieve these lofty goals of this system, resident boys and girls students at Ananda Nagar have weekly collective Ishvar Prandhan.

❖ *Sharaddhanjali Ceremony as per Ananda Marga Tradition*

The mother of Shri Gopinath Hansda, a new devotee of Ananda Marga from the village of Piri at Gopinathnagar Tola of Piri Mauza of Ananda Nagar Diocese, died on 19th August, 2023. According to the Ananda Marga Caryácarya, a Sharaddhanjali presided over by Ácáryá Rajeshwarananda Avdhuta was organized at Gopinathji's residence on 29th August to wish her departed soul peace.



The program started with the tunes of Prabhat Samgita, followed by bhajan kiirtan, collective lishvar Pranidhan, and Svádhyáya. Following that, the main sharaddhanjali started. Anand Marga shradhanjali ritual was explained by Ácáryá Narayanananda Avadhuta and then elucidated in Santhali language by senior Ananda Margiis Shri Thakurdas Kisku, Shri Durgaprasad Saren and Shri Rengu Saren.



I call upon people from all walks of life to cooperate whole heartedly in implementing the ideals and lifestyle of Ananda Marga as well as in building all forms of exploitation-free and superstition-free society.

❖ *Exposure Visit to Ananda Marga College*

Between 28th and 29th August, 2023, students and teachers from R. B. B. H.S School (Garhjoypur), Manipur H.S School (Joypur) and Srirampur H.S School (Joypur) visited Ananda Marga College on an exposure tour.



❖ *Auspicious Beginning of Ananda Marga*

Shravani Purnima is a great day in the history of Ananda Marga. In 1955, Ananda Marga Pracārika Saṁgha was established in Jamalpur, a railway town in Munger district of Bihar. The Saṁgha's founder, Shrii Shrii Prabhat Ranjan Sarkar, began his preparations for establishing the Saṁgha on this auspicious day in 1939. He was then a student of the science department of Vidyasagar College in Calcutta. He completely changed the life of Kalicharan Banerjee, the infamous Kali Dacoit of that time, by giving him spiritual initiation at Kashi Mitara Ghat in the evening, on the banks of the Ganges in Calcutta. He later became known as Kalikananda Avadhuta. Shrii Prabhat Ranjan Sarkar appeared as the spiritual guru Anandamurti and sowed the seeds of spiritual awakening of the devotees of Ananda Marga by appearing on Earth.



The practice of meditation instructed by Taraka Brahma Sadashiva seven and a half thousand years ago became completely extinct about twelve hundred years ago. Anandamurtiji revived this extinct practice in a new way by introducing a time-appropriate and simple system in a scientific method. His system is a simple and easy way for the welfare of the entire human society in a way that is suitable for all. The spiritual practice process of Ananda Marga is called "Rajadhiraj Yoga".





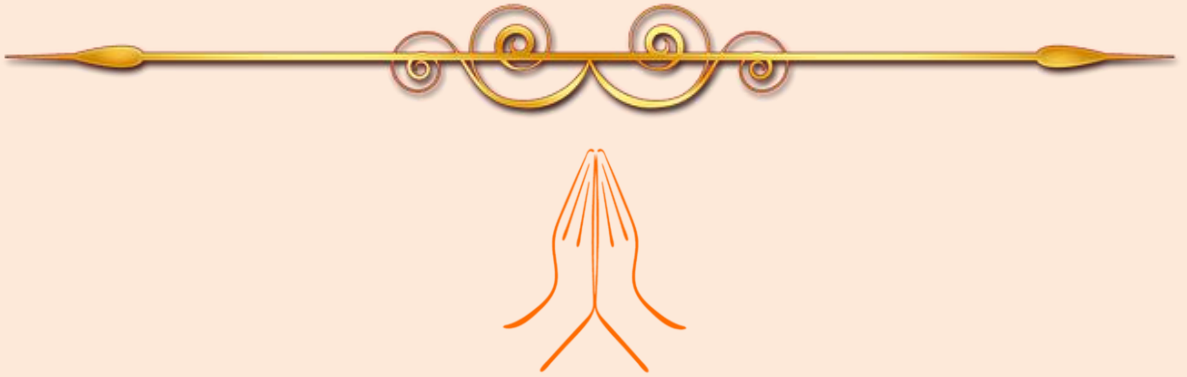
Shravani Purnima was celebrated at the Bakul Vitan Ashram, Pundagh, Anand Nagar on 30th August, 2023. The celebrations included 3 hours of Akhanda "BáBá Nám Kevalam" Nám Samkiirtana in the Jagriti Bhavan followed by Iishvar Pranidhan, Guru Puja, Svádhyáya and Náráyaða sevá. It was followed by a spiritual discussion regarding the importance of Shravani Purnima and Náráyaða sevá.

❖ *Sadhana Camp*

A three-day Sadhana Camp will be held at Ananda Nagar Baba Memorial from 8th to 10th September, 2023.

Registration charge is ₹300/- (Three Hundred) per person which includes three days of accommodation and food.

The management and administration duties will be taken care of by Ácáryá Kalyaneshwarananda Avadhuta (contact no.: 82507 88455).



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Contributions are welcome!