

# Ananda Nagar Newsletter

March - 2023

## Contents:

Three-Day Sadhana Sivr	Talent Search from Fifth Class Students
Dadhici Divas of Ananda Marga observed	Three-day Football Workshop
Annual Six Hours Kiirtan at Jeodaru	Shraddhanjali
Celebration of spring festival	Three Hours Akhanda Kiirtan at Memorial
Palash festival in Ananda Nagar	Naming Ceremony
Six Hours Kiirtan at Tatuara	SSAC Players Selected for Kolkata
Taekwondo Training for Women	Akhanda Kiirtan in Two Villages
Sixteenth Annual 24 Hours Kiirtan	Three Hours Akhanda Kiirtan at Chitmu
Computer Training for Village Girls	Cultural Function and Prize Distribution
Road Construction	

## Three-Day Sadhana Sivr

The three day (3-5 March'23) Sadhana Shivir (camp) was auspiciously held at Ananda Nagar Baba Memorial with Akhanda "Baba Nam Kevalam" Nam Sankiirtan every morning, Bhajan (Prabhat Samgiita), Discussions on Spiritual Sadhana, Guru Mahima Katha (glory of Parama Purusha), Deep Spiritual Practice, Satsanga and benefit of collective Pramitahara (standard meal) and inspire to all present.



## Observance of the Dadhici Divas of Ananda Marga

5<sup>th</sup> March is observed as "Dadhici Divas" by Anandamargis all over the world every year. Ananda Marga Pracaraka Samgha (formally established on 9 January 1955 at Jamalpur of Munger District, Bihar). Right from the beginning of the organization, selfish, misguided, opportunistic and people's blood suckers were bent on destroying and overthrowing Ananda Marga. At that time Ananda Marga had just entered thirteenth years, the sanyasi (mon) tradition of the mission was then only five years past of its infancy. On March 5, 1967, communist thugs, gundas made a planned attack at Ananda Nagar and brutally killed five devout monks. In a lengthy trial, the judge subsequently convicted and sentenced a total of eighteen people, including local Jaipur block BDO Sri Ashok Chakraborty, to various terms including life imprisonment. Those who sacrificed their lives in the attack of thugs

for the establishment of Ananda Nagar are : a) Acarya Abhedananda Avadhuta (b) Acarya Sachchidananda Avadhuta (c) Acarya Abodh Kumar Brahmacari (d) Acarya Prabodh Kumar Brahmacari (e) Acarya Bharat Kumar Brahmacari. In Ananda Marga, 12 hours (sunrise to sunset) fast is observed on 5<sup>th</sup> March in memory of all Dadhicis.

All ashram residents and students observed this day in Ananda Nagar too.

Dadhici Divas is observed through the following schedule:

1) Akhanda kiirtan is held in Ananda Nagar "Power House meeting room" from 11 a.m. to 2 p.m.

2) At the end of the kiirtan, collective Iishvar Pranidhan.

3) After Iishvar Pranidhan all to go to Dadhici hill by kiirtan together.

4) Wreaths are offered at Dadhici altar on Dadhici hill.

5) After the Wreaths, Prabhat Samgeet, kiirtan and collective Iishvar Pranidhan in Dadhici hill.

6) After that Acarya Mohanananda Avahdhuta Dada recited the following oath given by our BABA fo;;ored by all.

"Until we exterminate the evil force which caused the murder of these five brothers, we will not repos, we will not repos, we will not repos." Everyone presented there recited the same.

7) After taking the oath, Acarya Sutiirthananda Avadhuta, an eyewitness of the incident and injured in the incident, and senior monks Acarya Kalyaneshvarananda Avadhuta and Acarya Mohanananda Avadhuta explained the significance and reminisce of that day.

8) At the end, lemon water and Khichuri were distributed in the Lower Hostel to break the fast of the Margiis and all.



## Annual Six Hours Kiirtan at Jeodaru

6<sup>th</sup> March: Jeodaru Ananda Marga Unit organized a collective annual Akhanda Baba Nam Kevalam for six-hour from 6 AM to 12 PM, followed by Tattva Sabha and Narayan Seva .



## Celebration of spring festival (Vasantotsav)

Spring has come, winter has gone, winter's inertia has passed. Jady or Jarata in Sanskrit, Jar in Hindi, Jara in Bhojpuri and Angika. Where the winter is excessive, the spring is charming. Bengal has very short period of winters, three seasons are prominent here - summer, monsoon and autumn.

This festival is celebrated as "Holi" in Northern India, Punjab and western Uttar Pradesh. In Vishnu Purana there was a demon king named Hiranyakashipu and his sister's name was Holika. It is said that she used to eat humans.

Angry people killed this Holika on previous night of full moon. Later the

people organized festival on this occasion was called "Holika" Dahan (burning) Utsav (festival). This day is celebrated in the eastern part of Uttar Pradesh and Bihar as "Phagua" festival. Because this lunar month is called Phalgun, hence "Phagua", when the full moon falls during the position of Phalguni star in the northern hemisphere of the equator. In Bengal this festival is called Dol Yatra of Shri Krishna, it was introduced by Shri Chaitanya Mahaprabhu. It is a socio-spiritual festival. The significance of Dol Yatra is--- In the wave in which the whole world is swinging, in the wave in which the Supreme Lord is swinging, moving, swaying the whole world, I also want to swing my mind in that wave. This festival is traditionally celebrated as "Vasantotsava" in Ananda Marga Caryacarya. In Ananda Marga, these types of social festivals have become part of spiritual life.

On 7<sup>th</sup> March' 23 at Madhya Ananda Nagar Primary School premises "Vasanthotsav" celebrated as follows:





1) Prabhat Samgiita, six hours of Akhanda Baba Nam Kevalam Sankiirtan, collective Iishvar Pranidhan, Varnarghyadan, Svadhyaya, interpretation of the significance of Vasanthotsava ceremony and collective meal are organized.

2) At the end of Iishvar Pranidhan, aber, colors and flowers are offered to the portrait of Marga Gurudev.

3) The younger ones offer aber at the

feet of the older ones and obeisance at the feet.

4) Then they play with each other.

5) Color or Aber is not given by a man to a woman or by a woman to a man.

### Palash festival in Ananda Nagar

The famous "Palash Flower" (*Butea Monosperma*) of Rarh always attract all the poets, writers, literary people, wanderlust etc. There is no idea how many poems, songs, stories have been composed, written about it. Over time, Palash has become an integral part of folk culture.

On March 6-8, 2023, with newspaper editors, journalists, poets, writers, radio and TV artists from various places like Kolkata, Howrah, Hooghly, Purva Medinipur, North 24 Parganas and Purulia districts organized Palash festival by "Ajaker A-Samay"

newspaper at Ananda Nagar for three days. "Palash Utsav" is celebrated with



musicians and Harbola artistes, animal and bird lovers, literati and wanderlust. The editors of "Nirvik Kantha", "Ajaker A-Samay", "Bangamitra", "Golden Citizen" fortnightly newspapers were present.

On the first day, they visited Spring decor in Red Palash of Central Ananda Nagar, Baba Memorial and adjacent dam, Daksina Jalabandha (Dam), Deer Park



and other public welfare projects, cultural chat in the evening, discussion on the ideology of Ananda Marga. On the second day in the morning, dol festival is celebrated in the midst of singing and playing. Then Environment enhancement Garden (PASAKA), Tantrapeeth, natural caves are visited. After that they participated in the



Vasantoatsaba celebrated in the Ananda Marga way of style. Afternoon they visited Umanivas Girls Children's Home. At the end of the day at Damrughutu village, there is a cultural evening of Santhali dance, a dance performance based on Prabhat Samgiita, presented by representatives from village women and girls and from outside. At the end of the cultural program, the presenters and the audience were gifted Sarees, blankets, chappals, T-shirts for adults and children, clothes-pants, alta-sindur for married women and books-notebooks-pencils for children and many other items. Third day they visited to archaeological and prehistoric sites like Navachakra Cave, Extinct Volcano, Dinosaur Fossil at Asthipahar, Maltamosambi Garden at Ananda Marga Farm in Bhairavi Dungri (Bansgarh) etc.



Everyone was impressed, inspired and appreciated the service-public welfare and educational project of Ananda Marga in Ananda Nagar.

On behalf of the people of Ananda Nagar, Acarya Narayanananda Avadhuta congratulates everyone for assembling themselves in the Ashramic sentient environment and pramitahar (standard sentient food) for three days.

### **Six Hours Kiirtan at Tatuara**

9<sup>th</sup> March: At North Tatuara Namopara, a joint initiative was organized from 6 AM to 12 PM for six hours akhanda "Baba Nam Kevalam" Nam Sankiirtan, collective Iishvar Pranidhan, Svadhyaya, Narayan Seva and Tattasabha. Acarya Kalyaneshvarananda Avadhuta, Acarya Muktananda Avadhuta, Acarya Narayanananda Avadhuta and



Avadhutika Ananda Sumita Acarya explain the importance of Kiirtan Mahima, Spiritual Sadhana, Yama-Niyama and maintaining a healthy environment.

### Taekwondo Training for Women

11<sup>th</sup> March: Taekwondo training (modern Korean martial art similar to karate) has started in the newly built Ananda Marga Women's College campus at Uma Nivas with experienced trainers from Purulia for the purpose of job opportunities and livelihood for girls on self-defense for public-private and security departments. Training starts on every Saturday and Sunday at 2.30pm. Those who are willing and interested are requested to contact the following number.

Avadhutika Ananda Tapahshila Acarya  
Uma Nivas, Anandanagar.  
9547539944/9635295926



### Sixteenth Annual 24 Hours Kiirtan

11<sup>th</sup> -12<sup>th</sup> March: Ananda Marga Central Jagrtii unit at Chitmu organized the 16<sup>th</sup> annual 24 hours akhanda "Baba Nam Kevalam" Nam Sankiirtan, Prabhat Sangeet, Collective Iishvar Pranidhan, Svadhyaya, Tattva Sabha, Nagar Kiirtan and Narayan Seva. This kiirtan of Chitmu village takes the form of a reunion festival means a festival of people. The people of the village who live outstation for work by taking leave and the women who were earlier daughters of this village also come from their in-laws place to participate in this kiirtan.



### **Computer Training for Village Girls**

Nowadays computer education of village girls is becoming very important otherwise they cannot keep up with the times. The Principal Avadhutika Ananda Tapahshila Acarya of Ananda Marga Women's College of Ananda Nagar started computer education in the college on every Monday and Tuesday at 2.30 pm.



### **Road Construction**

Most of the three kilometer stretch of Madhukarnika Sarani (from Pundag to Margaguru residence), the main thoroughfare of Central Ananda Nagar, has been paved. But it has become necessary to do the rest of the portions. Ananda Nagar Private Municipal Corporation has organized stone and sand for some part of the work. Efforts are on for cement and labour wages.



### **Talent Search from Fifth Class Students**

19<sup>th</sup> March: Late "Shambhunarayan Roy" Memorial Merit Scholarship Examination for the fifth class students of Ananda Nagar Diocese was held at Ananda Marga High School. More than 150 students participated in the examination. The first twenty passers will be awarded Rs.2000 each and a certificate. It was Conducted by Ananda Marga Gurukul, Ananda Nagar.



### Three-day Football Workshop

17 to 19 March: "Special Football Workshop" initiated and organized by Spiritualists Sports and Adventures Club (SSAC), Ananda Nagar under the supervision of renowned and experienced ex-footballers Shree Surya Vikas Chakraborty, Biman Biswas, Jayanta Raha, Mintu Basak, and Akhil Roy from Kolkata is complete. On the basis of merit, seven players were selected to play in Kolkata 1st, 2nd Division.



### Shraddhanjali

19<sup>th</sup> March: Chitmu resident Late Pramila Garain's Shraddhanjali celebrated as per Ananda Marga Social Code of conduct Caryacarya Rule for the repose of the departed soul. On this



occasion three hours of akhanda "Baba Nam Kevalam" Nam Sankiirtan, collective Iishvar Pranandhan, Sbadhyaya followed by the shraddhanjali ceremony was well completed. Avadhutika Ananda Sumita Acarya presided.

### Three Hours Akhanda Kiirtan at Memorial

19<sup>th</sup> March: Three hours akhanda "Baba Nam Kevalam" nam sankiirtan, Narayan Seva was organized for mental and domestic peace at Giridhar Mahato of Jiudaru's residence and also at Ananda Nagar Baba Memorial for three hours.





## Naming Ceremony

24<sup>th</sup> March: Damrughutu residents Vishwanath and Jhuma Kisku's first child son's naming ceremony and first rice celebrated according to Ananda Marga caryacarya rule. Acarya Muktananda Avadhuta presided over the ceremony. The new baby is named "Ankush". On this occasion three hours of akhanda "Baba Nam Kvalam" Nam Sankiirtan, collective Iishvar Pranidhan, Svadhyaya and Narayan Seva were organized.



## SSAC Players Selected for Kolkata First Division League

The first successes in achieving our goals and objectives have begun. We wanted the sports skills of village boys and girls to blossom and develop. We have been trying to make every boy and girl that way.

From SSAC (Spiritualists Sports and Adventures Club) Football Academy, Anandanagar, two players were sent to a practice match of "Uari Athletic Club" to play "Kolkata Football Premier League". Both were selected in the finals. Their names are Hemlal Mandi and Purnachandra Mandi (Red Jersey). On behalf of SSAC Football Academy, Anandanagar, warmest congratulations and thanks to Uari A.C. Steersman Shri Indranath Pal for selecting and inspired our players.



### Akhanda Kiirtan in Two Villages

26<sup>th</sup> March: Annual Akhanda "Baba Nam Kevalam" Nam Sankiirtan was held in two villages today in Anandanagar for six hours at Ghaghra and three hours at



### Three Hours Akhanda Kiirtan

30<sup>th</sup> March: Chitmu resident Govardhan Garain organized a three-hour akhanda "Baba Nam Kevalam" Nam Sankiirtan, Prabhat Sangeet, Iishvar Pranidhan, Vanarghydan, Svadhyaya, Narayan Seva and Tattva sabha for spiritual atmosphere and mental satisfaction in his house.



### Cultural Function and Prize Distribution

31<sup>st</sup> March: Cultural and Prize distribution ceremony of Ananda Marga High School was held. It was presided over by Acarya Narayanananda Avadhuta, and Acarya





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