

# Ananda Nagar News

October, 2020

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## Yoga Meditation Camp

One-day Yoga-Meditation camps are being held in different villages of Ananda Nagar. The Margiis who were not regular in sadhana took part with great enthusiasm. New participants from the village took initiation in sadhana and also benefitted from the camps.

4<sup>th</sup> October: Yoga and Spiritual Meditation classes were conducted with young students at Jeladih village. Avadhutika Ananda Sumita Ac. and Avadhutika Ananda Atisha Ac. gave the classes and many girls learned the scientific spiritual practices for mental concentration and peace.



10<sup>th</sup> October: At Kusumtikri Village, Ac. Satyasvarupananda Avadhuta took class on Ananda Marga Caryacarya (Social code & scientific life style). This included demonstration of Tandava and Kaosikii dances and explanation of their benefits.



11<sup>th</sup> October: One-day Tattvasabha (Discussion) was held on Yoga sadhana and Yoga-asanas at Jeodaru village. Ac. Satyasvarupananda Avadhuta was the trainer. Four persons took initiation in Sadhana.



15<sup>th</sup> October: Yoga Asanas and Yoga Meditation Camp held at Shyampur village. Three persons took initiation in sadhana. Ac. Satyasvarupananda Avadhuta and Avadhutika Ananda Anumaya Acarya were trainers.



19<sup>th</sup> August: Yoga Asana & Yoga meditation camp was held at Karchey village of Ananda Nagar.



## Paddy Cultivation

The paddy fields at Dimdiha Village are promising a great harvest under the supervision of Ac. Prajinadhiishananda Avadhuta.



## Day of Establishment of Art & Music College

3<sup>rd</sup> October: This day of the establishment of the Art & Music College was joyfully and happily observed with song and dance at Bakul Vitan Jagriti in Pundag Village.



## Good News of the Farm Development

Some development works are in progress of Ananda Marga Farm Department.

1. The dragon fruit plants are doing well.
2. Metal tresses for the roof of for two sheds were installed.
3. Three chambers for cow manure were constructed.





**Note Books, Pencils Distribute by Girls Rarh Hostel**

6<sup>th</sup> August: Notebooks, pencils and biscuits were distributed to the children of Damrughutu village children by the Didis at Rarh Hostel at Uma Nivas.



**Golden Jubilee of Kiirtana Divasa**

8<sup>th</sup> October: The “Babanam Kevalam” siddha mantra kiirtana was introduced by Shrii Shrii Anandamurti on this day in 1970 at Amjharia forest rest house near Ranchi, Jharkhand. All projects of Central Ananda Nagar and surrounding villages commemorated this auspicious Golden Jubilee of Kiirtana Divas.

**At Chitmu Village**





### Kiirtana processions at Jeladih and Chitmu villages



### At Baba's Memorial:

7<sup>th</sup> to 8<sup>th</sup> October: A twelve-hour Akhanda Kiirtana was held from 7.30 pm of 7<sup>th</sup> October to 7.30 am of 8<sup>th</sup> October. After the kiirtana there was collective meditation. There was recounting of the historic event of this the start of this kiirtana and explanations of the psycho-spiritual benefits of Kiirtana by Ac. Parameshvarananda Avt., Ac. Narayanananda Avt. and Ac. Muktananda Avt. Finally there was a grant feast.



### Fifty Hours Akhanda Kiirtana

There was also a fifty hours Akhanda Kiirtana at Baba's Memorial starting at 9 am on 8<sup>th</sup> October and ended at 11 am of 10<sup>th</sup> October. This fifty hours continuous kiirtana programme was carried out by

different village units and Institutions of Ananda Nagar. Each unit had a pre-set period to keep the kiirtana going. Finally this programme ended at Baba's Memorial.



### Visit of Government Officials

10<sup>th</sup> October: BL & LRO of Raghunathpur Block, Purulia visited Ananda Nagar with family and friends.



### Medical Camp at Damrughutu

10<sup>th</sup> October: Medical Camp organised by PROUT Department was held at Damrughutu, where 67 patients have benefitted. Senior MBBS Dr Mrinal Kanti Roy from Chinsurah, Hooghly conducted this camp.



### Monthly IRSS

11<sup>th</sup> October: Monthly Inspection Review-Report Structural Solidarity of Ananda Nagar Diocese was held at Ananda Nagar.



### Dharma Cakra of a New Unit

A new AMPS unit has been started in Durga Soren's house at upper Khatanga village. Regular Dharma Cakra started on 12<sup>th</sup> October and will continue weekly.



### Three hours Akhanda Kiirtana

13<sup>th</sup> October: Three hours Akhanda "Baba Nam Kevalam" Kiirtana was held at Ananda Mahato's house at Pargaon village, Greater Ananda Nagar. This is a new unit and it was the first time that kiirtana was held in this village. Villagers joyfully participated in this kiirtan and all enjoyed collective meal together.



### Land purchased for SSAC Play Ground

14<sup>th</sup> October: Out of 3 acres land for the SSAC play ground at East Ananda Nagar there was 1.37 acres of land that did not belong to Ananda Marga. From this 1.37 acres 0.55 acres have been purchased and there is still 0.82 acres remaining to be purchased. Donors are welcome to help make this play ground to be the largest sports ground of Ananda Nagar.

### Collective Social Service

15<sup>th</sup> October: CSS (Collective Social Service) by Girls' Volunteers held at Damrughutu village. They have cleaned the road and raised awareness about keeping the village clean. Thank you !





18<sup>th</sup>October: Girls Volunteers cutting the grass, weeds and unwanted jungle plants at Bhuchungdih village.



**Sharadotsava observed**

16<sup>th</sup> October: On the occasion of Sharadotsava clothes were distributed to needy aged people of Khatanga, Sulunglahar and Damrugutu villages by Ananda Marga Girl's High School, Uma Nivas. More than eighty persons benefited.



**20<sup>th</sup> October:** On the occasion of Sharadotsava new clothes were distributed to needy children at the proposed PROUT Model village of Damruguthu.



22<sup>nd</sup> October: On the occasion of Sharadotsava and Children's day, the Ananda Marga Girls High School, Uma Nivas distributed new dresses to small girls of Pogro and Barudih villages.



22<sup>nd</sup> October –was the lunar day called 'Sasti'. It was Children Day and it was observed at Chitmu upper Para unit of Ananda Nagar with children's collective meditation.



24<sup>th</sup> October: As per Ananda Marga Caryacarya the lunar day 'Astamii' is the Fine Arts day. It was observed at Kamukhap village with twelve hours Akhanda "Baba Nam Kevalam," collective meditation, mass feeding, free medical camp, clothes distribution, sports competitions and evening cultural program of local folks song and Chau dance.





**22<sup>nd</sup> to 25<sup>th</sup> October:** On the occasion of Sharadotsava from lunar day 'Sasthii to Navamii' the Ananda Nagar Children's home boys observed the festival as per Ananda Marga Caryacarya with collective meditation, collective meals, arts and music, sport tournament and games. On 25<sup>th</sup> prizes were distributed to the winners.



### **Furnishing of Rarh Museum completed**

17 October: 2nd Phase of the showcase construction work at the "Rarh Museum and Research Center" has been completed. Visitors can observe the rare artifacts of Ananda Nagar. Readers are requested to send the artifacts connected with Rarh area to enrich the collections of the only Museum of Rarh area.



### Revolutionary Marriage (1)

18<sup>th</sup> October: A revolutionary marriage was held at Ananda Nagar. Bride Shrimati Khusbo Lohara, daughter of Rantu Lohara from Gumla, Jharkhand and bridegroom Parimal Kumar son of Phalguni and Kumar, Joypur, Purulia.



### Road Construction Work

18<sup>th</sup> October: 2nd phase of road construction work of Madhukarnika Sarani from Dadhici Hostel to Baglata Sub-Post Office of Ananda Nagar has started.



### Three hours Kiirtana on Mahaprayan Divas

21<sup>st</sup> October: On the occasion of 31st Mahaprayan Divas a three hours Akhanda Baba Nam Kevalam Kiirtana, collective meditation and collective meal was held at Baba's Memorial.



### Two Baby Naming Ceremonies

Two baby naming ceremonies were held as per Ananda Marga Caryacarya (Social Code). The girl of Pratima and Bibhuti Gorain was given the name 'Tanu' and the girl of Mamata and Samar Gorain was given the name 'Samadrita'. Both families are from Chitmu village. On this occasion there was three hours Akhanda "Baba Nam Kevalam" Kiirtan collective meditation and collective meal.



### Kolkata Visitors

27<sup>th</sup> October: A doctor (cardiologist) and his family came from Kolkata to visit Ananda Nagar for a day. They were very inspired and happy. They commented that the place was so nice and beautiful. They would like to come again and stay for a few days for peace and enjoy quiet environment. They came to know about Ananda Nagar from their driver.



### Revolutionary Marriage (2)

29<sup>th</sup> October: A revolutionary marriage was held at Ananda Rekha Bhavan, The bride was Shri matii Amrita Paul (Ph.D in Chemistry from Kharagpur IIT), the daughter of Mrs. Mira and Anup Kr. Paul from Chinar Park, Newtown, Kolkata and the bridegroom was Sri Sunirmal Biswas (Bank Manager of SBI), the son of Mrs. Rekha and Dinesh Biswas, Palta, North 24 Parganas District.



N.B.: All monthly Ananda Nagar News are now available on the website: <http://www.Anandanagar.org>,  
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