# Ananda Nagar News

March, 2020



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#### **Baby Naming Ceremony**

1<sup>st</sup>March

Baby naming ceremony of the second son of Shrii Piitambar and Smt Basanti Tudu held as per Ananda Marga Caryacarya(Social Code of Ananda Marga) at Chitmu namo para. On this occasion there was 3 hours Akhanda Kiirtan, mass feeding and Tattva Sabha.



Panchayet Level Seminar 29<sup>Th</sup> February to 1<sup>st</sup> March

Sidhi-Jamra Panchayat level seminar was held on at Jeladih village.Trainer was Ac Yogaksemananda Avadhuta.



# **Annual Sports of Ananda Marga Primary School**

3<sup>rd</sup> March

Happy and joyful annual sports event with prizes distribution was held at the Ananda Marga Primary School, Matrisneha, Shyampur.



#### **Monthly IRSS**

4<sup>th</sup> March

Monthly IRSS (Inspection Review - Report Structural Solidarity) of Ananda Nagar diocese service and development activities was conducted at Ananda Rekha Bhavan. Various developmental and service programs have been discussed. This was presided over by GS Dada.





#### **Dadhichi Divas**

5<sup>th</sup> March

In the year 1967 on this day five Ananda Marga sannyasis were brutally killed with lethal weapons by a mob organized by the then Communist Party at Ananda Nagar in order to stop activities of Ananda Marga. The victims were Acarya Abhedananda Avadhuta, Acarya Sacchidananda Avadhuta, Acarya Abodh Kumar Brahmacary, Acarya Prabodh Kumar Brahmacary, Acarya Bharat Kumar Brahmacary.

Since that time this day is commemorated in Ananda Marga all over the world for all dadhichis, those who gave their lives for a great cause.

This day is named after the saint Dadhichi of ancient times who sacrificed his life to defeat demons. This day was declared as Dadhichi Divas by Shrii Shrii Anandamutiji.

On this occasion a three hours Akhanda Kiirtan was held in the Power House. All ashramites, Ananda Margiis of Ananda Nagar diocese, as well as Ananda Margiis around the world observe fast in their respective units until the evening without water. After kiirtan all took part in a procession to the Dadhichi Hill. There was Prabhat Samgiit, collective meditation and three eye witnesses, Shrii Radhu Paramanik of Guridih village, Ac Mohanananda Avadhuta and Ac Sutiirthananda Avadhuta narrated the historic incident.



Monthly 24 hours Akhanda Kiirtan 7<sup>th</sup>, 8<sup>th</sup> March

Monthly 24 hours Akhanda" kiirtan was held at Guridih Village.

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## Symposium held in Purulia Town

8<sup>th</sup> March

A symposium was held at Haripada Sahitya Mandir, Purulia Town. Acarya Narayananda Avadhuta spoke on Rarh as a Cradle of Civilization. Dr Biswajit Bhowmik spoke on Balanced Economy of PROUT and Acarya Mantreshvarananda Avadhuta elaborated on the Spiritual Philosophy of Ananda Marga.







**Mobile Medical camp at Amra Village** 8<sup>th</sup> March

Mobile Medical Camp held at Amra Village. It was organised by Ananda Marga Medical Department based at the Abha Seva Sadan hospital at Central Ananda Nagar.





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#### **Vasantotsava Celebration**

10<sup>th</sup> March

Vasantotsava, theSpring Colour Festival was observed at Dadhichi Hostel. There was three hours Akhanda kiirtan and collective meditation. Ac Gurudattananda Avadhuta and Ac Muktananda Avadhuta explained how Ananda Marga is celebrating this day all over the world as a Spring Festival. Colours of happiness and gratitude are offered to our Gurudeva.

Margiis visiting from Assam and Siliguri also were pleased to take part in this event. All enjoyed collective lunch together.



Foundation for construction of Meditation Hall 11<sup>th</sup>March

Laying of the foundation stone was ceremonially performed for a meditation hall of the Ananda Marga Primary School at Central Ananda Nagar by Ac Yogakshyamananda Avadhuta.





**Sharee, Blouse and T-Shirt Distribution** 13<sup>th</sup> March

Sarees, blouses and T-shirts were distributed to women and children of Damrughutu Village. This program was arranged by the Women's Welfare Department and sponsored by well-wishers of Asansol and Chandannagar of Hooghly District.







Three hours Akhanda Kiirtan was held at the house of Ashok Kr. Mahato at Jamra Village of Ananda Nagar who invited the Margiis to gather and bless his house with the mantra of Baba Nam Kevalam. He recently took initiation into sadhana.





### **Benefits of Paincajanya**

17<sup>th</sup> March

Why Paincajanya - early morning 5am singing and meditation - is important for sadhakas? This was explained in a group meeting at Chitmu (Upar Para) village by Avadhutika Ananda Sumita Acarya.





# Clothes Distribution at Sarjumahato Village

17<sup>th</sup> March

Clothes distributed to the villagers of Sarjumahata at Uma Nivas Guest House.



#### **Road Construction**

Road construction is in progress in some parts of Mahavidyalay Sarani in front of the gate of the Ananda Marga College and Ananda Marga Jr. High School at Kaosikii.





# **Prabhat Ferry at Ananda Nagar** 21<sup>st</sup> to 23<sup>rd</sup> March

3 days Prabhat Ferry (Morning Kiirtana Procession) was carried out in Ananda Nagar. This was performed with the spirit to create more spiritual vibrations and increase positive microvita in the environment to fight the negative microvita (Corona 19 virus). After Pancajanya all the Ashramites participated in this mantra singing procession from the Central Home for Boys to the Pundag market and back.



### **Awareness Meeting at Pundag Market**

21st March

Awareness meeting about negative microvita (corona virus) and how to take precaution against the attack of Corona virus was held at the Pundag market in the afternoon.





Three Hours Kiirtana at Baba's Memorial 27<sup>th</sup> March

Three hours Akhanda kiirtan was held at Baba's Memorial.





Community Medical Service by Gurukul 30<sup>th</sup>& 31<sup>st</sup> March

Gurukula Department has organized food distribution program to hungry people in the wake of the lockdown condition due to Corona Virus pandemic.





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#### **Baby Naming Ceremony**

31<sup>st</sup> March

Baby naming ceremony and first solid food eating ceremony of Devapriya, son\_of Divyendu and Maitreyi Mandal was held at Chatka Village. Due to the lockdown this program was held in a very simple way as per Ananda Marga Caryacarya (Social Scripture).





#### N.B.: All monthly Ananda Nagar News is now available on the website:

http://www.anandanagar.org

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